



WELLSPRING

Ending relationship and sexual abuse in our community

480 Broadway, LL-20 • Saratoga Springs • New York, 12866

Office 518-583-0280 • Hotline 518-584-8188 • Fax 518-583-2215 • www.wellspringcares.org

Board of Directors

May 20, 2020

Erica Fuller
President

Lindsey Connors
Community Development Planner
Office of Planning and Economic Development
City of Saratoga Springs

Karen Sosler
Vice President

Tom Meaney
Treasurer

Dear Ms. Connors:
I am writing to confirm that:

David Cumming
Secretary

1. I am submitting a COVID-related CDBG application for modifications to our program space to afford social distancing and mitigation of potential virus transmission, and

Jake Behuniak

Stephanie Collins

2. I would like to continue with Wellspring's original CDBG request for shelter renovations related to our handicap accessibility. While certainly the COVID health crisis has impacted all our programs that assist homeless persons, our ability to provide domestic violence shelter in a facility that can safely accommodate people with disabilities is critical before, during and long after our current health crisis. The renovations described in that application will remedy a situation before any further structural damage happens that can require more extensive (and costly repair).

Andi Dolinsky

Giovanna D'Orazio

Dean Kolligian

John Lefner

So thank you for considering both our applications in this very challenging time
Best,

John Pecora

Kevin Ronayne

Margaret Roohan

Lester Snyder

Maggie Fronk
Executive Director

Linda Toohey

Application For
COMMUNITY DEVELOPMENT BLOCK GRANT (CDBG) ENTITLEMENT FORM
-2020 Program Year Funding-

Activity Name: Shelter Rehab for Improved Handicap Accessibility

Applicant: **Wellspring** (incorporated as Domestic Violence Rape Crisis Services of Saratoga County)

Mailing Address: 480 Broadway Saratoga Springs, New York 12866

Phone: 518-583-0280 Fax: 518-583-2215 Email: executivedirector@wellspringcares.org

Contact Person: Maggie Fronk Title: Executive Director

Applicant

(Select 1): City Department Private non-profit organization Other Public Agency

(List Dept.)

14-1644567
(List Federal ID#)

(Specify)

NATIONAL OBJECTIVE (Select 1)

“Benefit persons of Low/moderate income”

“Address slum/blight Conditions”

“Urgent CD Need”

L/M Income Area Benefit

“N/A” Slum/blighted Area

“N/A” Urgent Need

L/M Income Limited Clientele Activities

Slum/blighted Spot Basis

L/M Income Housing Activities

“N/A” Urban Renewal Completion

L/M Income Job Creation/Retention

REQUESTED ENTITLEMENT FUNDING: \$40,000

Funding Leveraged from other sources \$10,000

Total Activity Cost \$50,000

Proposal Abstract-please provide a brief overview of your proposal *including the number of persons that will be served* with this grant in the space below:

We are requesting supprt to provide much needed renovations to our emergency domestic violence shelter to transform a ‘non-ADA-conforming’ and maintenance-challenged bathroom to a functioning commercial-grade, ADA compatible, low maintenance bathroom for the use of multiple shelter residents. The shelter occupancy rate is >85% and we anticipte 50 shelter residents annually at minumum.

Maggie Fronk

Executive Director

Title

Maggie Fronk

1/22/2020

IA. ACTIVITY DESCRIPTION- New Project- This is a new project proposal to renovate Wellspring’s emergency domestic violence shelter to improve handicap accessibility. Our shelter was renovated from a family home to a multi-family emergency shelter in 1991 and includes one handicap accessible bathroom. The accessibility used the fixtures and technology of that era... and is only marginally functional for victims with physical disabilities. While the room size and configuration has ample space for a wheelchair, the sink, toilet and particularly the shower are problematic. There is a small ridge the person needs to navigate to enter the shower (a potential tripping hazard). While the shower has a seated area to which someone can transfer, it is rather narrow and the water regularly leaks out onto the floor when someone showers as the shower curtain billows when someone is seated in the shower. This has resulted in: 1) a slipping hazard for someone who already has mobility challenges, and 2) water running below the flooring material and permeating the wooden joists. Frankly, continued water permeation will create a structural hazard due to conditions that can support mold growth and deterioration of the structural elements of the house due to wet conditions. We have worked with contractors to mitigate the impact and repair damage, but the underlying problem is that 1) the room design used accessibility options of that era (and there have been many improvements in materials and design in three decades!) and 2) our fixtures are decades outdated and not up to modern standards of handicap accessibility. Our home is used by scores of families each year, and the percentage of people who have a permanent or temporary physical disability (sometimes caused by the incident that precipitated their need for shelter) is much higher than the general population. For those with a permanent disability, they often have come from homes that have accommodations so they can function most effectively. Abusers will exploit that vulnerability (“You need to stay here because you’ll never find a place to live that can accommodate your wheelchair/needs/ etc”)—so it is important that Wellspring provides a space that a disabled victim can find safety and call home. We seek your support in effecting renovations to address this problem in order to: 1) provide a safe and comfortable shower and bathroom for domestic violence victims with physical limitations, 2) address the current problems to avoid further water damage that will result in far more costly structural damage and will impair our ability to serve victims, 3) mitigate the risk of environmental concerns such as mold growth. While a bathroom renovation is costly, this proactive approach to address a known concern will prevent even more costly damage to our shelter.

This proposal is identified as a high priority in the Consolidated Plan, addressing homeless facilities and services needs. The proposal addresses both 1) emergency shelter for families with children and 2) supportive services to prevent and/or alleviate homelessness. Wellspring operates the only emergency domestic violence shelter in Saratoga County, the only shelter for families of all sizes and configurations, and the county’s only 24-hour hotline for domestic violence. Nationally, 50% of all homeless women and children are on the streets because of violence in the home. Domestic violence is not only the second most common violent crime in Saratoga County and a primary cause of homicide, but it frequently leads to homelessness for individuals and families with children. Some victims are chronically homeless because of repeated incidents where they needed to flee their homes; we help survivors to exit violent homes, develop safety plans and access resources so they live safely and independently.

1B. NEED IDENTIFICATION

Most people don’t talk about it...
so you may not realize you know anyone who has experienced it.

You rarely notice it, because it happens out of sight...
or it’s something you can’t readily observe.

Yet it affects 1 in 4 women...
and 1 in 7 men in their lifetime.

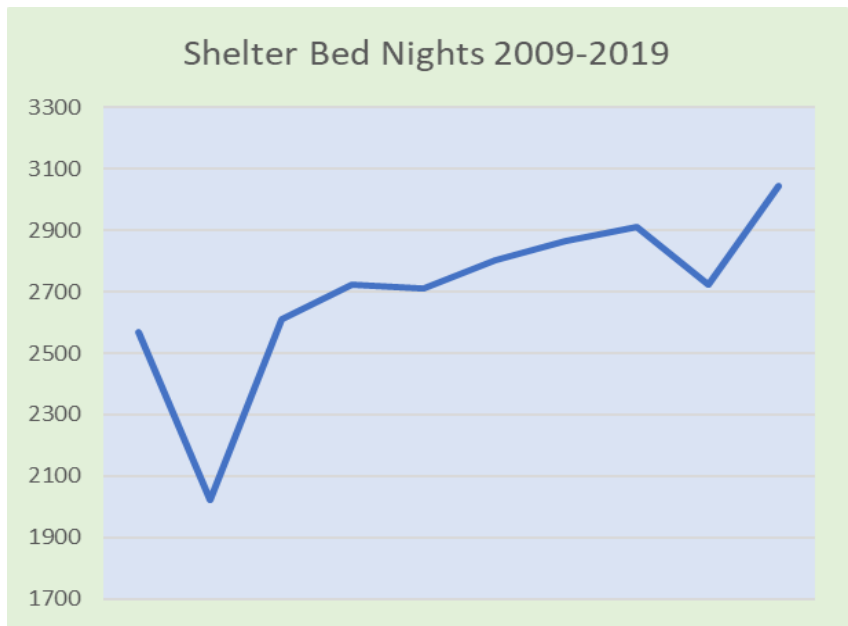
And in **Saratoga County**, it is:

- The **#2 violent crime**
- The leading cause of **family homelessness**, and
- **The primary cause of homicide.**

It's **Domestic Violence.**

According to NYS Division of Criminal Justice, domestic violence crimes continue to be a concern in Saratoga County, with 736 arrests in 2018. Of note, assaults represent the vast majority of domestic violence crime in the county (92.12%) and also in the City of Saratoga Springs (93%).

Those are county-wide statistics. Is domestic violence a problem in Saratoga Springs? While Saratoga Springs represents 12% of the county's population, the city accounted for 17.66% of the county's domestic violence crimes in 2018 (*most recent NYS DCJS report*).



We recognize that CDBG funds serve Saratoga Springs; while only a portion of shelter residents originate from Saratoga Springs, residents of Saratoga Springs are the primary demographic served by our agency. Victims often need to seek shelter away from their hometown; consequently our agency frequently relocates victims to another county as it is unsafe to reside locally. So while only a percentage of our shelter residents hailed from Saratoga Springs, many

were sent to shelters outside of our community for safety or because we cannot house them when they need shelter (our most common reasons for not being able to accept someone into our shelter are ‘no space or ‘not enough space’).

Those are the national statistics. Here’s the picture locally. The need for a safe home when fleeing abuse continues to rise: in 2019 Wellspring’s shelter had an all-time high occupancy rate of 92.5. Our shelter provides no cost services to adults and children exiting abusive homes. In 2019 we provided a record 3,043 nights of shelter to 52 adults and children fleeing abuse. As the graph indicates, the demand for shelter remains an all-time high. Families may remain in shelter as they develop transitional plans so that they exit shelter with increased safety for all family members. The project benefits women, men and children in our emergency shelter who are homeless due to family violence (homelessness intervention). This proposal benefits the ‘limited clientele group’ (category C3) of homeless persons, battered spouses and abused children.

According to the National Domestic Violence Hotline:

Anyone can be affected by domestic violence and abuse, but people with disabilities are more likely to experience abuse than people without disabilities. Because abuse is about power and control, people with disabilities may face unique challenges and barriers to accessing support.

According to the Equal Rights Center, domestic violence can intersect with disability in four key ways:

- *Domestic violence can cause temporary or permanent disability;*
- *People with disabilities experience higher rates of domestic violence, sexual assault and abuse;*
- *Violence, assault and abuse against a person with a disability often take on non-“traditional” forms; and*
- *People with disabilities face additional barriers when seeking help.*

And from SafeLives.org:

Disabled women are significantly more likely to experience domestic abuse than disabled men and experience more frequent and more severe domestic abuse than disabled men[iv]. However, as being disabled carries further risk of domestic abuse, disabled men also experience higher rates of abuse than non-disabled men... People with disabilities may also experience domestic abuse in wider contexts and more often from significant others, including intimate partners, family members, personal care assistants and health care professionals... Not only do disabled people experience higher rates of domestic abuse, they also experience more barriers to accessing support, such as health and social care services and domestic abuse services... Closing the gap will require whole system approaches to inclusion and diversity, which ensure all services working with people with impairments across their life course are educated about domestic violence and abuse. It will also require that services for people enduring and perpetrating domestic violence are accessible for people with impairments.

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1D. GOALS AND OUTCOME INDICATORS

In 2019, we provided 3,043 nights of shelter to adults and children who are feeling abuse. That is the highest occupancy in our almost 40-year history. Our goal is to provide a comfortable, well-maintained, handicap accessible, domestic violence shelter that serves the needs of all victims of abuse who may require crisis assistance. We estimate at least 85% occupancy of our shelter for the year, an approximately 50 shelter residents annually.

Within the grant period we will complete the following renovations:

- Transforming the existing non-conforming and maintenance-challenged bathroom to a functioning commercial grade ADA compatible, low maintenance bathroom for the multiple residents living at the emergency shelter.

Demolition and Removals:

- Demo and remove all fixtures and finishes in the bathroom down to wall studs and subflooring
- Remediate surface mold within the subflooring and wall cavities
- Remove damaged subflooring and failing floor joist adjacent to the shower

Space Modifications:

- Create a sunken ADA compatible shower base within the floor joists
- Add structural beams, joists and columns to properly support a new zero threshold walk in shower and pitched bathroom floor (towards designated floor drain)
- Reconfigured space will maximize the bathing area and conform to today's ADA standards for accessibility.
- Install solid wood blocking in targeted areas for bath accessories and grab bars as necessary
- Plumbing rough ins to be tied back into the existing supply and drain lines. Including a floor drain outside the shower area for potential "toilet overflow".

Finishes, Fixtures and Accessories –

- New moisture resistant gypsum wall board finish taped and prime sealed
- New 36" solid core 2 panel, paint grade entry door with privacy lever lock
- American Standard or equivalent ADA approved: comfort height elongated toilet, wall mounted porcelain lavatory, lavatory faucet with 8" spread handles, a shower mixing valve, shower head, and shower hand held on a wall mounted adjustable bar
- Custom crafted built in linen shelf unit for linen and toiletry supplies
- Large format floor tile set with epoxy grout
- Mud set shower floor with non-slip shower floor tiles set in epoxy grout

- Sanitary base tile and ceramic wall tile to approximately 40” above finish floor
- Stainless steel grab bars within the shower niche and toilet area
- Built in stainless steel sanitary disposal bin
- Toilet paper holder, robe hook, shower rod, and towel bar
- ADA tilted polished chrome framed mirror
- New 110cfm bath exhaust fan on occupancy sensor switch, vented to the exterior
- New LED recessed light fixture and two new sconce fixtures to anchor the mirror. New switching devices and two GFI protected outlets
- Eggshell finish low VOC latex paint on all drywall surfaces and semi-gloss low VOC latex paint on entry door, existing window and casing and door castings.

1F. REQUIRED LICENSURE

WELLSPRING is licensed by the New York State Office of Children and Family Services to operate the county’s only domestic violence shelter. This project requires no additional licensure.

2. ORGANIZATIONAL CAPACITY

- Wellspring has been in operation for almost 40 years. We have an active board of directors that oversees strategic planning, quality assurance resource development, fiscal oversight and personnel management (see attached board roster). We have benefited in the past from generous funding by the City of Saratoga Springs. In 2003 we received \$31,000 funding to install a ramp for handicapped accessibility in our shelter. Most recently CDBG funds supported a shelter case manager: 2004-5@ \$13,000; 2005-7@ \$16,000, 2008-9@\$15,000, 2009-10@\$17,000 2011 @\$12,575, 2012@\$12,573, 2013@\$10,473 2014@\$13,195, 2015@ \$7,500, and 2016@ \$6,922, 2017 @\$ 11,604 and 2018 @ \$7,848

2B. ORGANIZATIONAL EXPERIENCE

We have extensive background in helping domestic violence victims achieve self-sufficiency. In 2019 Wellspring responded to 1,355 hotline calls. While our shelter is a safe home for adults and children fleeing abuse, our services are far more comprehensive. To successfully leave an abuse, a victim needs services and supports to adequately meet the family’s basic living needs, such as: employment, housing, childcare, medical coverage, transportation, and legal protections. Without these skills and services the family risks repeat victimization or chronic homelessness. So that we may find housing and treatment options to meet the needs of families, we engage in community collaborations including: the Saratoga County Housing Committee, the Housing First Rental Assistance Program, and the Crisis Action Network.

While other community-based services exist that assist individuals with case management and vocational needs, we offer the only services specific to the needs of domestic violence victims and their families. As domestic violence is a leading cause of homelessness for families, Wellspring’s services are a critical component in the plan to end homelessness in Saratoga Springs. Our self-sufficiency initiatives include:

- our financial Literacy program, *Project Hope and Power*, and
- a housing and employment specialist who works with clients on job-readiness training and with local employers who may be interested in hiring graduates of this program
- Permanent/and transitional housing programs to provide rent subsidies and on-going support services to individuals and families working toward self-sufficiency.

2C. KEY PERSONNEL

The Executive Director is responsible for oversight of the program and the facility... including accommodations to provide vital services to victims with disabilities. The associate director and client services director directly supervise program staff. The shelter manager supervises the advocate and provides direct one-on-one case management assistance, transitional goal planning and our housing

program manager oversees Project Hope and Power, a financial literacy program aiding participants in attaining sustained increases in financial skills and earning potential.

2D. OTHER PARTNERS

While Wellspring has robust relationships with agencies and engages in highly interactive referrals for client services, other than our builder, there will be no other partner on this project. Because of the confidential nature of our shelter and the need for absolute privacy as to the location, we do not put our work out to competitive bid. Instead we have a small pool of highly trusted contractors who have worked for us in the past and who have established internal protocols that help us to maintain the confidentiality of the location... as this is critical for victim safety—in truth it can be a life or death factor. We have board members on our facilities committee that vet the pricing to determine that it within market standards.

(ATTACHMENT I)

PROGRAM OPERATING BUDGET

(Entitlement Grant + Leveraged Funds = Total Activity Cost)

	ENTITLEMENT GRANT	Leveraged Funds*	Total Activity Cost	*Source of leveraged Funds and In-Kind Services
PERSONNEL				
Salaries				
Fringe				
Other (consultants, etc.)				
<i>Subtotal</i>				

OVERHEAD				
Advertising/Marketing				
Program Supplies				
Rent & Utilities				
Other – list below				
<i>Subtotal</i>				

TOTAL COST				
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(ATTACHMENT 2)

CONSTRUCTION / SITE DEVELOPMENT BUDGET

(Entitlement Grant + Leveraged Funds = Total Activity Cost)

	ENTITLEMENT GRANT	Leveraged Funds*	Total Activity Cost	*Source of leveraged Funds and In-Kind Services
PRECONSTRUCTION				
Legal				
Engineering				
Architectural/Design				
Fees and Permits				
<i>Subtotal</i>				

DEVELOPMENT				
Relocation				
Site Preparation				
Construction - materials	40000	10000	50000	TBD- APPLICATION FOR HHAP AS WELL AS OTHER FOUNDATION GRANT REQUESTS.
Construction Financing				
Other – (explain)				
<i>Subtotal</i>				

TOTAL COST	\$0	\$0	\$0	
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(ATTACHMENT 3)

**OFFICE OF MANAGEMENT AND BUDGET (OMB) CIRCULAR A-133
MONITORING OF FEDERAL FINANCIAL ASSISTANCE TO SUBRECIPIENTS**

ORGANIZATION: Wellspring (incorporated as Domestic Violence and Rape Crisis Services of Saratoga County)

MAILING ADDRESS: 480 Broadway, LL20, Saratoga Springs, New York 12866

FEDERAL ID #: 14-1644567

PHONE: (518) 583-0280

FAX: (518) 583-2215

1. Please identify your fiscal year (mth/yr to mth/yr): 01/2020 to 12/2020

Please identify the funding received during your last fiscal year:

2. Community Development Block Grant Entitlement Funding (CDBG): -0-

CDBG Activity Name: Shelter Handicap Accessibility Renovation

CDBG Funding Program Year: 2020

CDBG Funding Amount: \$40,000

3. Other Federal Financial Awards (cash & non-cash):

GIVE NAME & CATALOG OF FEDERAL FINANCIAL ASSISTANCE (CDFA) #

AMOUNT OF AWARDS

Grant	Total	Fed Funds*
DCJS	35,600	35,600
OVS	444,719	355,755
HUD RR&Perm	269,093	269,093
DOJ OVW	94,564	94,564
DCJS RC 19	100,007	100,007
OVS Attorney	97,723	78
HUD II	105,377	105,377
TANF	12,545	12,545
Sub-Contracts		
Legal Aid	5,000	5,000
NYSCASA SASP	18,664	18,664
TOTAL		996,683

*** This is the total possible federal funds based upon current grant projections and budget. Often we do not fully expend all monies due to staff vacancies or using less than the full amount of rental assistance funds (generally because clients paid more rent than anticipated due to employment income) so we anticipate actual federal funds will be less than projected. We have not in the past been received sufficient federal dollars to require a single audit.**

4. During your last fiscal year, has your organization expended more than \$750,000 in total federal financial awards (incl. CDBG & all other federal assistance)? YES * NO

* If "yes", include a copy of your last a copy of your latest Single Audit Report with this completed and signed form as part of your application. If you answered "no", please complete, sign and return this form.

5. Are you aware of any financial audit violations, findings or questioned costs related to any activity funded with federal financial assistance? YES * NO

6. Other Saratoga County Awards (cash & non-cash):

IDENTIFY PROGRAM NAME & YEAR OF AWARD

IDENTIFY AMOUNT OF CO. AWARDS

DSS NON-RESIDENTIAL CONTRACT

\$38,500

Domestic Violence Shelter

\$40,000