



Return to REC Operational Plan (Revised May 4, 2021)

Return to REC Operational Plan

In an effort to reopen our City Recreation programs, activities, and facilities, the City has developed the following **Return to Rec Operational Plan**. This plan has been developed in accordance with the *New York State Sports and Recreation Guidelines*, which may be found at the following web address:

<https://www.governor.ny.gov/sites/governor.ny.gov/files/atoms/files/SportsAndRecreationSummaryGuidance.pdf>

Your family’s safety is our number one concern as the City works towards a return to play.

Participants, spectators and/or coaches shall be responsible for adhering to the rules, guidelines, procedures, and policies set by the CDC and State of New York in regards to the COVID-19 Pandemic by regularly reviewing the guidelines and adhering to any changes provided by either the CDC and/or State of New York Department of Health. The Recreation Department shall continue to communicate these changes to the CDC and/or NYS Department of Health COVID Pandemic protocols to participants, spectators and/or coaches as they may occur.

Please email RecReservations@Saratoga-Springs.org if you have any questions or concerns regarding the City’s programming.

CDC Symptoms of COVID-19:

Fever or chills	Loss of taste or smell
Cough/Shortness of breath	Sore throat
Fatigue	Congestion or runny nose
Muscle or body aches	Nausea or vomiting
Headaches	Diarrhea

The following COVID-19 protocols should be followed BEFORE each City sponsored Recreation activity you engage in:

- 1) Families are responsible for monitoring the temperature of the participant as well as anyone accompanying them to the activity. If the temperature of any of these individuals is 100.4F or higher, the participant will not be allowed to enter or participate.
- 2) Signs and symptoms of COVID-19 should be reviewed at home BEFORE the participant arrives to any recreational related activity.
- 3) If the participant or anyone accompanying them answer YES to any of the following questions, the participant will not be able to attend the activity:
 - a. Has the participant or anyone accompanying them had COVID-19 symptoms in the past fourteen (14) days?
 - b. Has the participant or anyone accompanying them had a positive COVID-19 test in the past fourteen (14) days?
 - c. Has the participant or anyone accompanying them had close or proximate contact with someone confirmed or suspected of having COVID-19 in the past fourteen (14) days?
- 4) Participants are expected to “check in” with the coach/coordinator prior to being allowed to participate. Attendance records will be kept of every session as mandated by the NYS DOH for contact tracing purposes.
- 5) Each participant is responsible for bringing their own hand sanitizer to the activity they are participating in.
- 6) It is the responsibility of each participant/family to bring own equipment to each activity. Equipment must be washed and sanitized before each session.
- 7) Please arrive no earlier than fifteen (15) minutes prior to the start of the activity.



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The following COVID-19 protocols should be followed DURING each City sponsored Recreation activity you engage in:

- 1) Participants are to be dropped off/picked up at the designated area for each program.
- 2) Participants are encouraged to fully dress before getting out of their vehicles. Participants should wait to change after practice until they have returned to their vehicles.
- 3) Facemasks are to be worn appropriately (over the nose and mouth) at all times while indoors or outdoors at a Recreation Facility unless players are unable to tolerate a face covering for the physical activity (e.g. practicing, playing); provided, however, that coaches, trainers, and other individuals who are not directly engaged in physical activity are required to wear a face covering. Upon leaving the activity area for any reason, the facemask must again be appropriately worn.
- 4) Activities will be socially distanced as much as possible.
- 5) Cover your coughs and sneezes with a tissue or use the inside of your elbow. Throw the tissue away after use. Please wash hands after with soap and water for 20 seconds. If soap and water are not available, please use hand sanitizer.
- 6) There should be NO sharing of personal items.
- 7) All food/drink items are carry in/carry out.
- 8) There should be limited physical contact between participants and adults any time during activity. (i.e. huddles, high fives, etc.)
- 9) If parents have a question, they should call/email the coach/coordinator or the Recreation Department.

The following COVID-19 protocols should be followed AFTER each City sponsored Recreation activity you engage in:

- 1) Please leave the practice area within fifteen (15) minutes after the activity has ended.
- 2) Participants/families are responsible for monitoring ongoing health status. If a participant becomes ill with COVID-19 symptoms or was exposed to someone with COVID-19, they are to refrain from participating in recreational activities. Please notify the Recreation Department as soon as possible. The participant is advised to contact their primary care provider for next steps (see Return to Play after illness/exposure below).
- 3) Parents and participants have the responsibility to ensure all equipment is washed and sanitized after each activity.
- 4) Parents and participants are responsible for ensuring hand sanitizer is available for the next session.

DOH has instituted guidance for public and private employees returning to work following COVID-19 infection or exposure. We are following these guidelines for Return to Play. The following COVID-19 protocols should be followed for Return to Play for each City sponsored recreation activity you engage in:

- 1) If a participant suspects or tests positive for COVID-19, regardless of whether the participant is symptomatic or asymptomatic, the participant may return to play upon completing at least ten (10) days of isolation from the onset of symptoms or ten (10) days of isolation after the first positive test if they remain asymptomatic.
- 2) If a participant has had close or proximate contact with a person with COVID-19 for a prolonged period of time AND is experiencing COVID-19 related symptoms, the participant may return to play upon completing at least ten (10) days of isolation from the onset of symptoms.
- 3) If a participant has had close or proximate contact with a person with COVID-19 for a prolonged period of time AND is not experiencing COVID-19 related symptoms, the employee may return to play upon completing fourteen (14) days of self-quarantine.

The complete document can be found by going to:

https://coronavirus.health.ny.gov/system/files/documents/2020/06/doh_covid19_publicprivateemployeeereturntowork_053120.pdf

Participants MUST be cleared by their primary care provider before returning to play.

Players unable or unwilling to comply with the suggested guidelines will not be allowed to participate in any Saratoga Springs Recreation Department activity.



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The following COVID-19 Guidelines are intended for User Groups at the Ice Rink:

In addition to the facility license agreement, user groups will be responsible for submitting a safety plan, outlining their COVID protocols, prior to using the facility.

Before Session:

1. Participants and coaches should arrive as fully dressed as possible. They may use the zones designated to put on a helmet, gloves, and skates.
2. **Do not enter the ice rink earlier than 15 minutes** before your scheduled session
3. Your group shall **maintain a daily log**, accounting for all participants and anyone else from your group that will be in the Recreation Center. The log shall be maintained for COVID contacting purposes.
4. Health screenings per *Reopening New York State Sports and Recreation Guidelines* should be performed.
5. Vernon Arena
 - o The lobby doors will be divided into an entrance only side and an exit only side. Cones and floor markings will keep the lobby area separated for entrance and exit purposes. The Participants will use the far right door located at the entrance of the arena to enter the building.
 - o After entering the lobby, a group will enter the ice rink area and proceed to designated area, depending on what was communicated to put on skates.
6. Weibel Rink
 - o After entering the lobby, a group will enter the ice rink area and proceed to designated area, depending on what was communicated to put on skates
7. **Masks are to be worn by everyone at ALL times** in the rink including participants and coaches unless players are unable to tolerate a face covering for the physical activity (e.g. practicing, playing); provided, however, that coaches, trainers, and other individuals who are not directly engaged in physical activity are required to wear a face covering

During Session:

1. **Maximum number of players/coaches/spectators allowed per the parameters established under the New York State Sports and Recreation Statewide Guidelines.**
2. Spectators shall remain socially distanced
3. Water fountain will not be available with the exception of the bottle filler
4. Restrain children from trying to use games, vending machines, water fountain
5. Wear mask and keep social distancing
6. The restrooms and music room are open
7. Pay attention and follow markings, signs, or dividers

End of Session:

1. Groups must be off the ice before the end of their scheduled slot
2. Groups will exit the ice via the same way they entered the ice
3. Any equipment used by a group will be cleaned/sanitized prior to leaving
4. Groups will exit the facility within 15 minutes of the end of their session
5. Vernon Arena
 - o Groups will exit the arena using the lobby doors labeled exit
6. Weibel Rink
 - o Will exit via the side doors into the roadway between Weibel and Vernon or via the doors by the Referee area.



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The following COVID-19 Guidelines are intended for User Groups at the Recreation Center

In addition to the facility license agreement, user groups will be responsible for submitting a safety plan, outlining their COVID protocols, prior to using the facility.

Before Session:

1. Participants and coaches should arrive fully dressed with the exception of clean, non marking, gym shoes. Participants and coaches may change into shoes at their designated court's bleacher area
2. **Do not enter the Recreation Center earlier than 15 minutes** before your scheduled session
3. Your group shall **maintain a daily log**, accounting for all participants and anyone else from your group that will be in the Recreation Center. The log shall be maintained for COVID contacting purposes
4. Health screenings per *Reopening New York State Sports and Recreation Guidelines* should be performed
5. Everyone will enter the Recreation Center through the lobby doors by the Parking Lot unless otherwise directed
6. Everyone will enter the gym through the gym doors, keeping to the right (parking lot side), and follow the track as you proceed to your assigned court
7. Pay attention and follow markings, signs, or dividers
8. Mask are to be worn by everyone at All Times in the Recreation Center including participants and coaches unless players are unable to tolerate a face covering for the physical activity (e.g. practicing, playing); provided, however, that coaches, trainers, and other individuals who are not directly engaged in physical actively are required to wear a face covering

During Session:

1. Maximum **number of players/coaches/spectators allowed per the parameters established under the New York State Sports and Recreation Statewide Guidelines.**
2. Lobby - No seating
3. Restrain children from trying to use vending machines
4. Water fountain (with exception of the bottler filler) will not be available
5. Wear mask and keep social distancing
6. The restroom and sink area in the locker room are open but lockers are not available
7. Pay attention and follow markings, signs, or dividers

End of Session:

1. Groups must be off the court before the end of their scheduled slot
2. Groups will exit the facility using the parking lot side doors closest to their assigned court
3. Groups shall **clean/sanitize any equipment and bleacher area** used by the group prior to leaving. Spray bottles and clean towels will be available by each court
4. Groups exit the facility within 15 minutes of the end of their session